






Port Jervis City School District
May 2017
Port Jervis Elementary School Menu




Breakfast Served Daily				
Choice of Breakfast Sandwich on Muffin or Roll: Cereal with ½ Bagel: WW Bagel With ½ c. 100% Juice. ½ c. Fruit and 8 oz. Milk				
1 Italian Dunkers with ½ c Marinara Dip ½ cup Green Beans <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Ham & Cheese /WW</i>	2 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Tuna & Cheese Sand.</i>	3 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	4 Pizzeria Style Cheese Pizza or Pepperoni Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Hot Dog on Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	5 Cinco De Mayo Nacho Chips ,Taco Meat Shredded Cheese Romaine & Tomato , ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i> 
8 French Toast Sticks, Sausage 1 cup Romaine Salad ½ c Potato Puffs <i>Hot Alt: Grilled Cheese WW</i> <i>Cold Alt: Ham & Cheese /WW</i>	9 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Tuna & Cheese Sand.</i>	10 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	11 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	12 All Beef Hot Dog WW Bun Choice of Chili & Onions ½ cup Baked Beans ½ c Sweet Potatoes Fries <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Ham & Cheese /WW</i>
15 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Corn <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	16 Italian Dunkers ¼ c Marinara Dip ½ c Broccoli <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Turkey on WW Roll</i>	17 Nacho Chips &Taco Meat Shredded Cheese Romaine & Tomato , ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	18 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	19 Chicken Parmigiana on Bun ½ C Pasta with Marinara , ½ c Corn <i>Hot Alt: Fish/WW Bun</i> <i>Cold Alt: Tuna & Cheese Sand</i>
22 French Toast Sticks, Sausage 1 cup Romaine Salad ½ c Potato Puffs <i>Hot Alt: Grilled Cheese WW</i> <i>Cold Alt: Ham & Cheese /WW</i>	23 Chicken & Cheese Quesadilla ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Tuna & Cheese Sand.</i>	24 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	25 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	26 Memorial Day Weekend  May 26 to May 29
29 Memorial Day  Remember - our fallen heroes. They are the reason that we are free. Schools Closed	30 Italian Dunkers ¼ c Marinara Dip ½ c Broccoli <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Turkey on WW Roll</i>	31 Nacho Chips &Taco Meat Shredded Cheese Romaine & Tomato , ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	All Meals Include ½ cup Fresh or Canned Fruit and ½ pint of 1% Milk or Fat-Free Chocolate, Strawberry or Vanilla Milk All Breads are Whole Grain	

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May 2017
Port Jervis Middle School Menu

Breakfast Served Daily Choice of Breakfast Sandwich on Muffin or Roll; Cereal with ½ Bagel; WW Bagel <i>With</i> ½ c. 100% Juice, ½ c. Fruit and 8 oz. Milk				
1 Italian Dunkers with ½ c Marinara Dip ½ cup Green Beans Hot Alt: <i>Chicken /Bun</i> Cold Alt: <i>Ham & Cheese /WW</i>	2 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Tuna & Cheese Sand.</i>	3 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	4 Pizzeria Style Cheese Pizza or Pepperoni Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: <i>Hot Dog on Bun</i> Cold Alt: <i>Yogurt & Cheese</i>	5 Cinco De Mayo Nacho Chips ,Taco Meat Shredded Cheese Romaine & Tomato , ½ c Brown Rice ½ cup Black Beans Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i> 
8 French Toast Sticks, Sausage 1 cup Romaine Salad ½ c Potato Puffs Hot Alt: <i>Grilled Cheese WW</i> Cold Alt: <i>Ham & Cheese /WW</i>	9 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Tuna & Cheese Sand.</i>	10 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: <i>Chicken /Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	11 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	12 All Beef Hot Dog WW Bun Choice of Chili & Onions ½ cup Baked Beans ½ c Sweet Potatoes Fries Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Ham & Cheese /WW</i>
15 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Corn Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Yogurt & Cheese</i>	16 Italian Dunkers ¼ c Marinara Dip ½ c Broccoli Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Turkey on WW Roll</i>	17 Nacho Chips &Taco Meat Shredded Cheese Romaine & Tomato , ½ c Brown Rice ½ cup Black Beans Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	18 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: <i>Chicken /Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	19 <i>Chicken Parmegiana</i> <i>Pasta with Garlic & Oil</i> ½ <i>Italian Mixed Vegetables</i> Hot Alt: <i>Fish/WW Bun</i> Cold Alt: <i>Tuna & Cheese Sand</i>
22 French Toast Sticks, Sausage 1 cup Romaine Salad ½ c Potato Puffs Hot Alt: <i>Grilled Cheese WW</i> Cold Alt: <i>Ham & Cheese /WW</i>	23 Chicken & Cheese Quesadilla ½ c Oven Fries ½ cup Baked Beans Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Tuna & Cheese Sand.</i>	24 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: <i>Chicken /Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	25 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	26 Memorial Day Weekend  <p style="text-align: center;">May 26 to May 29</p>
29 Memorial Day  <p style="margin-left: 20px;">Remember - our fallen heroes. They are the reason that we are free.</p> <p>Schools Closed</p>	30 Italian Dunkers ¼ c Marinara Dip ½ c Broccoli Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Turkey on WW Roll</i>	31 Nacho Chips &Taco Meat Shredded Cheese Romaine & Tomato , ½ c Brown Rice ½ cup Black Beans Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	<p>All Meals Include ½ cup Fresh or Canned Fruit and ½ pint of 1% Milk or Fat-Free Chocolate, Strawberry or Vanilla Milk</p> <p>All Breads are Whole Grain</p>	

This institution is an equal opportunity provider and employer. Menu Subject to Change

Port Jervis City School District
May 2017
Port Jervis High School Menu

Breakfast Served Daily Choice of Breakfast Sandwich on Muffin or Roll; Cereal with ½ Bagel; WW Bagel <i>With</i> ½ c. 100% Juice, ½ c. Fruit and 8 oz. Milk				
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8 Buffalo Chicken Wrap 1 cup Romaine Salad ½ c Potato Puffs Hot Alt: <i>Grilled Cheese WW</i> Cold Alt: <i>Ham & Cheese /WW</i>	9 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Tuna & Cheese Sand.</i>	10 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: <i>Chicken /Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	11 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	12 All Beef Hot Dog WW Bun ½ cup Baked Beans ½ c Sweet Potatoes Fries Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Ham & Cheese /WW</i>
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22 Italian Dunkers ½ c Marinara Dip 1 cup Romaine Salad Hot Alt: <i>Grilled Cheese WW</i> Cold Alt: <i>Ham & Cheese /WW</i>	23 Chicken & Cheese Quesadilla ½ c Oven Fries ½ cup Baked Beans Hot Alt: <i>3x5 Pizza</i> Cold Alt: <i>Tuna & Cheese Sand.</i>	24 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: <i>Chicken /Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	25 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli Hot Alt: <i>Hamburger/Bun</i> Cold Alt: <i>Turkey on WW Roll</i>	26 Memorial Day Weekend  <p style="text-align: center;">May 26 to May 29</p>
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